

TRANSCRIPT FOR: A SPECIAL ANNOUNCEMENT

I'm Jill Baughan, and you're listening to the podcast called Find Joy...No Matter What.

This is a special announcement.

If you're in a tough place right now, your joy may seem like it's hiding--or gone.

I understand. But it's still there, I promise, just waiting to be resurrected. And this podcast is designed to help you do just that...no matter what else is going on in your life.

For just a few minutes each week, I'll tell you a story--one that just might inspire a way to uncover a piece of joy you might be looking for.

Then we'll consider how it might speak to your life, because even though you'll hear quite a few of my stories during our time together, I believe you'll find your own in every one of mine.

Then I'll offer a benediction to send you into your day--or into your night.

So. If you're up for doing joy shots with a friend these days...well, have a listen.

Hey friends,

This is just a very short episode to let you know that I have some news to share with you!

After creating 128 episodes of joy shots, my heart and my mind need a little space to dream some new dreams and create some new things for you. So I've decided to start offering you podcast episodes in seasons—as in Fall, Winter, Spring and Summer—with breaks of a few weeks in between.

This time of respite will help me serve you better in the coming days—PLUS these breaks will be a great time for you to catch up on episodes you've missed, and maybe give you time to put into practice what we've talked about in specific weeks.

Just be sure you've subscribed to the podcast so that when I come back for the Fall season of 2022 on September 19 you won't miss the joy shots to come. I'll put a link in the show notes so you can sign up for that if you haven't already.

Meanwhile I'll still show up on Facebook and Instagram, where you can direct message me, and I'd love to hear from you any time by way of email at jill@jillbaughan.com.

And if you'd still like an episode a week during this break, let me suggest four of my favorites to close out your summer: Episode 51 (Have Some Big Dumb Fun), Episode 37 (Celebrate Your Now), Episode 59 (Mine your Magic Moments), and Episode 6 (Be Naked With Candy). It's a story that never grows old.

I'll put links to those in the show notes here, or you can just go to my website, click on "Podcast" and find the episode you want.

Friends, I want to thank you *so much* for inviting me into your ears, whether you're a longtime follower or brand new to our community. I appreciate your support and feedback more than I can say.

Recently, my podcast producer, Angie Elkins, told me that listening to someone's voice is one of the most intimate forms of communication there is, and I need you to know that being with you in this way delights my soul, and I hope your being with me delights yours.

We have so much to look forward to in this space together, and during the next four weeks, I hope you can experience some restoration yourself.

And until we reconvene on September 19, I pray that you will always, always remember and never forget that (you know what I'm about to say): "If you go looking for joy, you'll most likely find it."

Till next time!

NOTES:

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Podcast Episode 51: Have Some Big Dumb Fun

<https://jillbaughan.com/2021/02/22/podcast-episode-51-have-some-big-dumb-fun/>

Podcast Episode 37: Celebrate Your Now

<https://jillbaughan.com/2020/11/16/podcast-episode-37-celebrate-your-now/>

Podcast Episode 59: Mine Your Magic Moments

<https://jillbaughan.com/2021/04/19/podcast-episode-59-mine-your-magic-moments/>

Podcast Episode 6: Be Naked with Candy

<https://jillbaughan.com/2020/04/13/podcast-episode-6-be-naked-with-candy/>